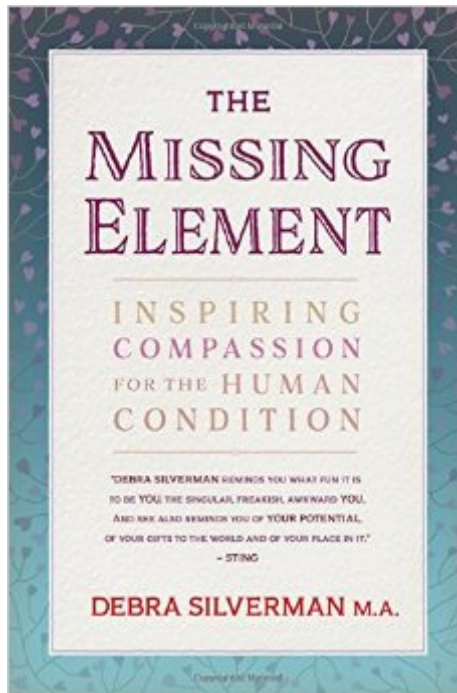


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The Missing Element: Inspiring Compassion For The Human Condition



Synopsis

In *The Missing Element*, author Debra Silverman describes human nature in a compassionate and succinct way. Everyone longs to be understood and the author offers ways for us to get to know ourselves in depth with the wisdom of archetypes. The information in this book stands on the shoulders of our elders, who understood the four directions, the four elements, the four noble truths. Whatever pain you experience is specific to your personality type, based on the four elements. Your issues will repeat themselves again and again until you can see yourself and others from the compassionate vantage point that unites all of us. You will understand that your life and all its stories were designed by your soul to get your attention right now. It is inviting you to seek the wisdom of the ages to help you grow... that's why you found this book.

Book Information

Paperback: 160 pages

Publisher: Findhorn Press (March 15, 2016)

Language: English

ISBN-10: 1844096890

ISBN-13: 978-1844096893

Product Dimensions: 8.9 x 5.9 x 0.6 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (126 customer reviews)

Best Sellers Rank: #33,229 in Books (See Top 100 in Books) #24 in [Books > Religion & Spirituality > New Age & Spirituality > Astrology](#) #61 in [Books > Religion & Spirituality > New Age & Spirituality > Spiritualism](#) #237 in [Books > Self-Help > Spiritual](#)

Customer Reviews

Without knowing it, I've been looking for a witness, an observer. I've been seeking a non-critical partner who sees what I see without judgment, who validates the facts, and therefore helps to validate me. "Yes, I see that too, and look at that over there" says my witness. This is the "observer" waiting to be discovered in Debra Silverman's new book "The Missing Element." Turning on your "observer" is Debra's cornerstone philosophy, her tried and true path to inspiring compassion for the human condition. "Get out of the voice of judgment, out of your ego, and into the role of the observer, into the seat of your soul, your wisdom." This is the role and function of "the observer" who lives in each and every one of us, to see each other, the world, and our selves exactly as we are, without judgment; to accept our selves and our nature

as manifestations of the four basic elements that by which all of life is created and sustained: Water, air, earth, and fire. Through the eyes of the observer and the practice of mediation, each of us is able to see our selves and others as a balance (or imbalance) of the four Elements, and can use Debra's teachings to bring ourselves back into alignment. Each element serves a purpose to life, and each element is essential, and therefore it is imperative that we too embrace our own divine creation, and discover and accept the purpose of our elemental natures. "The Missing Element" encourages us to accept permission to be ourselves and borrow qualities of the element(s) we may be lacking, to bring ourselves into balance. The observer promotes awareness and compassion and allows us to stop hiding and stop fighting who we really are. Don't be mad at the sun for shining | or be mad, but what a waste of time. It's the sun! It's purpose is to shine (said the fire woman)!

I got my book yesterday and I have a handful of pages left. If you want to live a happier and more fulfilled life....get this book!! I love the detail and thought that went into each element and the idea that even though we are who we are...we can be even better. She is dead on. I love this book and it is one of those books you can open up and go over time and time again and you will find something that applies to your life at that moment. I love the way Debra just gets to the point and I love the wordage she uses. It's easy and great to read and it does what any great book does....it gets you thinking.

Finally finished reading this book and I enjoyed it. Its a book I can read again and again as I feel needed and it is a good catalyst for change. I like how she really goes in depth into each individual element, and shows us various ways we may feel "connected" to each element or go about having it in our lives. Although our astrological natal charts only show us being composed of certain ones, it IS possible to have them ALL in our day to day lives. The stories are interesting and make you think. It caught my attention how she also writes about the similarities between men and women of each element, yet show there is a slight difference between the two. And I also noticed how she talked of good and bad of each element and ways we may go about working on that element to use it for our benefit. Life is too short, change IS possible and i will be looking forward to re-writing MY story in this life thanks to this book. Ultimately, it is our lives and we hold the power when it comes to change for ourselves and all around us to take care of this planet we live on.

this book is excellent..i am re- reading it ..there is so much knowledge! I would tell everyone to read

this. love it:) and I AM taking the astrology class with DEBRA SILVERMAN. I can not say enough on this:) good job

I was very excited to receive this book as a gift as I had been patiently waiting for its release. Debra's book gives you a meaningful perspective on the things that make people tick; namely the uniqueness that lies within all of us! A practical guide in transforming any relationship especially the one we share with ourselves!

I just got this book and was impressed with knowledge the author has on this subject. I am an Aries and knew I was a fire sign but never could understand nor accept some of my personality quirks. This book gave answers that were comprehensive, and simple. The fifth element for me was being equipped with information and using my 'quirks' productively and accepting them with a sense of gratitude instead of trying to change something that "just is". In reading this, I could make sense of a subject that always eluded me. When I read horoscopes or about Aries I always felt that this could apply to anyone but, this is very precise and almost scary how accurate it is. If you feel like you can use some direction and motivation in your life, such as myself, I strongly recommend this book, for me self discovery is fascinating, this book is a very useful tool.

Debra Silverman's book "The Missing Element" is not only the most captivating and refreshing take on the most important elements of life, Water, Air, Earth, and Fire, but it is a MUST read for anyone and everyone that wants to have a better understanding of themselves and others. This book helped me to stop and remember why I'm here, to improve the planet, help others, and follow the path of my soul! I love how Debra speaks of turning on "your Observer". With all the sadness, judgement, terror, and selfishness in the world today the simple idea of looking through the lens of the observer instead of through the eyes of the ego where judgement resides is so profound. She reminds us that only we have the power to make change. This has impacted me greatly. Debra Silverman is a true master at her craft, and understanding the bigger picture, and she so kindly is sharing it with us in her book. I highly recommend this book to anyone, especially those who want to learn how to inspire compassion for the human condition. And frankly, everyone could use a little more compassion... READ THIS BOOK!!!!

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